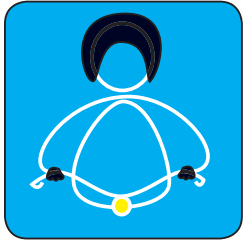
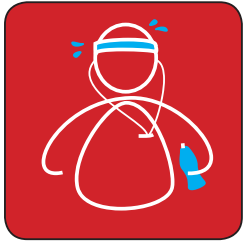




3



2

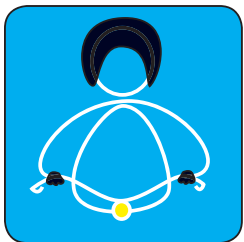


1

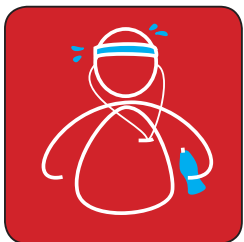
in association with



3



2



1

in association with



Triathlon 2010

Name:

Address:

Contact no.:

Enclose £12 registration fee
(Cheques made payable to Christian Family Care)

T-shirt size S M L XL

321Triathlon@christianfamilycare.org.uk
Head office: 01234 358430
Dennis Mobile: 07885472947

All who take part in the 3 2 1 Triathlon 2010 do so at their own risk. All participants are responsible for wearing appropriate clothing and footwear and undertaking sufficient training. Neither I or any of the charities can accept liability for any, accidents, injuries, damage or loss that may be incurred.

I have read and agree to the above disclaimer:

signature

all proceeds to:
Christian Family Care & Friends of CME Trust



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